

## JOURNAL

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Klinik Sigtuna

Vår ref

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Kön Sto Född 2022.01.01

105330

Vbl trv

Trav

Direktreglering

Tränare

**Anamnes** 

See scanned files. Request for surgery.

Diagnoser Medskickat

ID

Reg nr

Ras

Typ

Osteokondros OCD DIRT+MM RH, DIRT LH hock.

## **Journal**

2023-09-06 Operation kaba Surgery: dorsal recumbence. Arthroscopy LH and RH TTJ.

RH TTJ- OCD at the level of the distal intermediate ridge of the tibia, 1 fragment circa 8mm large in the OCD bed. OCD at the level of the medial malleolus, 1 small fragment circa 6 mm large. Rest of the joint is intact, no signs of OA.

LH TTJ- OCD at the level of the distal intermediate ridge of the tibia, 1 large fragment circa 15x15 mm large and 1 smaller fragment 6 x8mm in the OCD bed. Rest of the joint is intact, no signs of OA. The fragments were removed and the OCD bed debrided with sharp curettage and shaver. Joints were thoroughly lavaged with sterile saline. Arthroscopic portals were sutured with Monocryl 2 -0USP/3M using simple interupted suture pattern. High limb bandages were placed on postoperatively. Uneventful spontaneous recovery from the general anesthesia.

NSAID (Rheumocam) orally for 5-7 days. Bandage change every 5-7 days (based on how the bandage looks like) for a total period of 3 weeks post op.

Suture removal: in 2 weeks under strictly aseptic manner (following chlorhexidine or povidone iodide scrub). Afterwards place again a single layer bandage on for additional 5-7 days.

Complete boxrest for 3 weeks (as long as the horse has a bandage on). Start with controlled handwalking exercise for 5-10 minutes per day on week 4, and add extra 5-10 minutes every other week (20 minutes on week 5, etc) to end up on 50 minutes of handwalking on week 8. Afterwards the horse can slowly resume normal exercise/be turned out into a large paddock.

## **SLAKTKARENS:**

Startkarens gäller i enlighet med respektive förbunds regler.

Org.nr 556532-9074

**SIGTUNA** 

Säte

Om något oförutsett händer under icke ordinarie öppettid och som har samband med hästens behandling, ring 08-592 540 10. Vid feber eller svullnad i behandlad led bör du ringa till kliniken omgående.